Annual Report 2023 -24

## **ANNUAL REPORT OF**

# ALPHONSA COLLEGE THIRUVAMBADY

## PRINCIPAL

1. The president of this function and Manager of the college Rev Fr. Scaria Mangarayil, Honourable Chief Guest of the day Rev. Dr. Thomas Joseph, Invited dignitaries, parents, my dear students, and staff. I take this opportunity to convey my heartfelt greetings to you all and welcome you all to the 9<sup>th</sup> Annual Day of ACT. The Annual Day in any educational institution has traditionally been signified as the day when co-scholastic activities take precedence over academics. It's also the day when we take stock of the year gone by, review the achievements and the innovations. Praising the journey of Alphonsa College from the day of inception, it was indeed from a very humble and modest beginning to a full-fledged college today. I am proud of my students and I am confident of my staff and I trust the management when I stand in front of you to present this annual report.

Good morning to you all. It is my great privilege and honour to present this annual report of our college. Alphonsa College Thiruvambady (ACT) was established in 2014 by the Diocese of Thamarassery as an educational hub affiliated to the University of Calicut. Ever since its inception the college has been trying to provide value based high quality education to its students. Over the past years, it has grown up gradually and steadily, initiating six undergraduate & two postgraduate programmes. The College has on its roll 402 students, 30 faculty members and 11 supporting staff. In this academic year 7 new faculty members have joined our college. The new faculties are appointed in the existing vacancies or the newly created vacancies due to freshly started UG programmes. Ms. Anjaly Babu joined the department of Psychology. Mr. Lithin Mathew and Dr. Sruthydevi C T. joined the department of Journalism. Ms. Rinu Thomas, Ms. Brilla Benny, Mr. Sabin Thomas and Ms. Shyni George joined the department of Commerce. Ms. Aiswarya Kuriakose and Ms. Helena Catharine Jaison joined the department of English. Dr. Ashitha M K, Ms. Anjana P, Ms. Anusree, Ms. Sweety Jose, Mr AnilKumar P.P. and Mr. Sudhakaran M resigned from the college since they got govt. appointment or transfer or PhD studies. Best wishes to the newly appointed teachers and sincere thanks and best wishes to all those who left the college after their committed service.

This academic year the college reopened on 1 June 2023 in offline mode. We also admitted 108 new students for the PG and UG programmes. All the regular activities like tutorial classes, mentoring, PTA meetings, internal examinations, final year students' annual tour etc were conducted.

#### 2. Induction Programme

The Induction meeting of 2023-24 batch 'ALETHIA 2023' for students and their parents took place on 1 August 2023. The programme started with a video presentation about the college called 'Know your College'. 'Birudharambam' of the 2023-26 batch was inaugurated and an orientation delivered talk on scope and excitement of UG programmes by Rev. Fr. Saji Mangaryil, the manager, addressed the gathering along with the Principal, Vice principal, IQAC coordinator and staff secretary.

We have a very good pass percentage in last year's university examinations. B. Com Finance 77 percent, B. Com C A 70 percent, BBA 45 percent B. A. English 91 percent and B. Sc. Psychology 100 percent. Students achieved many A+ and A grades in University exams. Many students received post matric scholarships, SC scholarships and Alphonasa Meritorious Scholarships in this academic year.

#### 4. Major Achievements

- a. Alphonsa College Thiruvampadi in collaboration with Institute of Food and Agricultural Ethics organized an international conference on Food Ethics. The college hosted an international conference on sustainable agriculture practices on February 9th and 10th, 2024. The event was inaugurated by Dr. B. Ashok, Vice Chancellor of the Agricultural University. Speakers presented papers on how to promote agricultural practices in harmony with nature, how to reduce pesticide usage, and how to protect the agricultural sector in Kerala. The conference brought together researchers, policymakers, and practitioners from around the world to discuss the ethical issues surrounding food production and consumption.
- **b.** District Eco-SDG Champion Outstanding performance 'S' Graded Certificate from APEX SDG for the DESC 2023 Championship, MSME.
- **c.** The Alphonsa College Thiruvambady (ACT) recently hosted the Choose France Education Tour 2024, a significant event that took place on February 8th. This collaborative effort with Campus France brought together 20 leading French universities and institutions, offering students a glimpse into the extensive educational opportunities available in France. Dr François-Xavier Mortreuil Attache for science and higher education at the French embassy in India, remarked on the occasion, "The Choose France Education Tour is a corner stone in our mission to foster academic exchanges and collaboration between France and India.
- **d.** The FDP on **Teachers as Leaders** which was conducted on 13 June 2023 was a great opportunity for teachers to learn more about leadership. The program was led by Dr. Thomas George K, Director of Lead College Palakkad, and Mr. Lims Thomas, Assistant Professor at Vimala College, Thrissur. Both speakers were experts in educational leadership and had a wealth of experience to share. The Programme was organised by IQAC of the College.
- e. Campuses of Kozhikode, an innovative project of Calicut District Administration awarded a Certificate of Appreciation to our college in recognition of our wholehearted cooperation extended to District Administration for intervention towards Disaster Management & Legal Awareness.

#### 5. Students Awards

1. Congratulations to Athira K. the second year MA English students who qualified in the UGC NET December 2023 examination with the assistance of the Competitive Examination Coaching Cell ACT.

 Salmanul Faris from I year BBA won the Bronze medal in 4x400 meter relay on 67<sup>th</sup> Kerala State Senior Athletic Championship held at CH Muhammed Koya Stadium, University of Calicut.

## 6. Placement and Higher education admissions in and outside India

22 students got placements in 2023-24 year 55 students got admission for higher studies. In addition to this, a number of students are waiting for a VISA to study abroad.

**7. Add-on programmes:** The College runs around a dozen Add on courses including the Aviation course, Tally programme, DIFA, etc.

## 8. IQAC

Under the leadership of Fr. Geo Mathew, the IQAC coordinator, the Staff & students prepared everything for the submission of AQAR 2022-23 accreditation. Our management has been investing lakhs of rupees to improve the infrastructure and to make our campus the best student friendly institution.

## 9. PTA

To maintain a continuous association with the parents and teachers and to promote activities for the well-being of the students a Parent Teacher Association is formed. The PTA of the college has been functioning very well since its inception. The PTA General Body convenes on class basis at the beginning of each academic year. PTA executive members are elected from the General Body meeting. The executive meeting is held once every semester or whenever the need arises. PTA meetings for the 2023-24 academic year began with the PTA Meeting of Commerce on 18 July 2023 onwards

## 10. MOU and collaborations.

Alphonsa College Thiruvambady signed an MOU with All India Council for Robotics and Automation(AICRA) on 10 November 2023.

## 11. NSS

The NSS Unit at Alphonsa College Thiruvambady performed excellence services to society throughout the year. The seven day camp conducted at Kakkadampoyil turned out to be a great event which received praise and appreciation from the local community. The NSS Unit was upgraded as a funded unit this year. The newly inducted fifty members strengthened the unit remarkably

## 12. Sports & Games

Students from Alphonsa College Thiruvambady had participated in various sports & games conducted as part of the Calicut University A Zone Sports Championship. Alphonsa College Thiruvambady took part in all the inter-collegiate sporting events conducted by University of Calicut. The events include football, badminton, chess, athletics, and karate.

## 13. Activities of the College

#### a. Fine Arts

Fine Arts Day is celebrated to highlight our students' creative ambition and drive and to give them a chance to showcase their hard work and talents. **KALA 2024**, the college union Arts Festival, was held on February 2nd, 2024. The events were inaugurated by guitarist Mr. Joshy Cheriyan and chaired by union chairman Arshin Siby Jose. Many students participated in various competitions which were conducted in two different stages.

#### b. Onam Celebration

On 25 August 2023, Alphonsa College Union organized the Onam celebration **Melam2K23** in the college premises. The celebration began with the Onam ghoshayathra and a Chandrayan vijaya mega Thiruvathira. Various competitions were conducted and students participated actively in it. The event concluded with a sumptuous Onasadya and Chendamelam.

## c. Christmas Celebrations of Alphonsians

On December 22nd, 2023, **Feliz Navidad 2k23** was celebrated at Alphonsa College. Rev.Dr.Kurian Puramadam, Director of the Pope John Paul Institute, inaugurated the event. Rev.Fr .Scaria Mangarayil, the College Manager, who had completed 25 years of priestly ordination, was honored. In addition to the cake cutting and Santa Claus appearance, Alphonsa College Christmas celebration Feliz Navidad 2k23 featured a variety of other activities. These included a live music performance by a local band, a dance performance by the dance troupe of the college, and a variety of games and activities for students. The celebration was a great way for the college community to come together and celebrate the holiday season. The college auditorium witnessed cultural programmes and other mesmerizing moments.

#### **DEPARTMENT OF ENGLISH**

The Department of English at Alphonsa College Thiruvambady organized several activities during the academic year 2023-2024. These activities were designed to promote Student engagement and learning among them. Some of the highlights include:

- A Reading Day Celebration was held on June 19-25, 2023. Students in the English department participated in a book review competition and were encouraged to post videos based on their favorite books.
- An Elocution Competition was held on July 26, 2023. The competition was open to students from all disciplines, and participants were invited to speak on the topic of "Meaning making through suffering."
- The Department of English hosted an Interactive Session with Alumni on August 8, 2023. Alumni from the department were invited to speak to current students about their experiences in higher education and the admission process.

- On September 5, 2023, the department celebrated Teacher's Day. Selected MA students and 3rd year BA students took demonstration classes for junior BA students.
- The Department of English organized a Research Methodology Workshop on September 12 and November 29, 2023. The workshops were led by Rev. Fr. Geo Mathew and Ms. Anu Antony, Assistant Professors in the Department of English.
- On November 29, 2023, the department organized a **Day with Kids**. Students from the 2nd year BA English program visited St. Sebastian's Higher Secondary School, Koodaranhi and taught different High School classes using play way methods, fun, and games.
- In December 2023, the department organized a series of inter-disciplinary competitions, including English Marathon, Cinematography, and MERAKI.
- The department also hosted a Poster Making Training on February 22, 2024.

These activities provided students with a variety of opportunities to engage with the subject matter and develop their skills. They also fostered a sense of community among students and faculty. The Department of English at Alphonsa College Thiruvambady is committed to providing students with a high-quality education that will prepare them for success in college and beyond. The department's activities are designed to promote learning, engagement, and critical thinking, and to provide students with a variety of experiences that will help them develop their skills and knowledge.

## **DEPARTMENT OF JOURNALISM & MASS COMMUNICATION**

The department of Journalism and Mass communication offers programs that support students' growth, including industrial visits, Talk with Journalists, and the production of media content. In addition to industrial visits and Talk with Journalists, the Department of Journalism and Mass Communication offers a variety of programs that support students' growth. These include:

- The production of media content, including documentaries, radio programs, and newsletters.
- Workshops and lectures by industry experts.
- Opportunities for students to intern at local media outlets.

These programs provided students with the skills and experience they needed to be successful in the field of Journalism and Mass communication.

## DEPARTMENT OF COMMERCE

The Department of Commerce at Alphonsa College Thiruvambady had a successful academic year in 2023-2024. The department organized several events and workshops, including SPSS workshops, industrial visits, and PTA meetings. Students also participated in competitions and had the opportunity to learn from successful entrepreneurs. The department's achievements were highlighted in a conference where faculty members presented papers on topics such as savings and investment patterns among rural farmers and the economic

impact of landslides on rural communities. The department also had a strong showing in terms of higher studies and placements, with a number of students going on to pursue higher education or finding jobs. The Commerce Day Celebration featured a variety of events and competitions for students, including a Marketing game and a Business quiz.

The Department of Commerce organized the annual event, AUGMENTA, which is a fun-filled and educational fiesta for the campus. Students participated in events like IPL AUCTION, Product Augmentation, Business Quiz, Marketing Game, Fashion Show, and Shoot-out photography.

The Department of Commerce organized a workshop on Research Methodology, which was attended by final year BCom, BBA, and PG students. The session was designed to help students to understand the milestones of doing a project and was very informative and useful for doing projects. Overall, the Department of Commerce had a productive year and is poised for continued success in the future.

## **DEPARTMENT OF PSYCHOLOGY**

Department of Psychology at Alphonsa College Thiruvambady organized a series of engaging and informative programs during the academic year 2023-2024. These programs were designed to promote awareness of psychological issues and to foster a holistic approach to student development. The programs included seminars, workshops, and outreach events that covered a range of topics related to psychology, mental health, and societal issues.

The Department of Psychology at Alphonsa College Thiruvambady hosted a variety of seminars during the academic year 2023-2024. These seminars covered a wide range of topics related to Psychology, including:

- Environmental Psychology and its Importance
- Seminar on the Scope of Psychology by psychologist, Mr. Favas M.
- Mental Health and Society
- Break the Stigma and Find Your Way facilitated by Dr. Prajeesh Palanthara, Chief Psychologist,
- Psychology Exhibition
- Students participated in International Conference on Evolving Trends in Psychology
- Student Development Program on the psychological perspective of Jeffrey Dahmer's case
- Student Development Program on the Stanford Prison Experiment
- Student Development Program on the benefits of yoga
- Seminar on Understanding Psychological Research facilitated by Mr. Mohammed Junaid HOD, Govt College Mankada
- Extension program; Awareness session on SEX education
- Parental Engagement, facilitated by Sr. Vincy Joseph CMC Research Scholar

These seminars provided students with a comprehensive overview of the field of psychology and its applications, while promoting awareness of important psychological

issues. The department also organized student development programs, which focused on topics such as specific learning disorders, the scope of psychology, and mental health. These programs provided students with the opportunity to learn about different aspects of psychology and to develop their critical thinking skills.

The department also participated in outreach programs, such as the Sex Education Awareness Session at Little Flower L.P. & U.P. School. These programs helped to raise awareness of important psychological issues in the community.

## Activities of Clubs & Forums

## **College Union**

In the year 2023-2024, Alphonsa College celebrated a number of events. In addition to the Patron's Day celebration, Onam celebration, and Teachers' Day, the college also held the following events:

- Snehasparsam, a kidney disease diagnosis camp for students
- DIFA Graduation ceremony in collaboration with Gtec
- College Union installation by Mr. M Gouthaman KAS
- Fine Arts Club Inauguration by Ms.Latha Mohan
- Feliz Navidad 2K23 Christmas Celebration
- Outreach Program at Sanjo Pratheekshabhavan.

All these events were all held in the college auditorium and were open to students, faculty, and staff of the college. They were a great way for the community to come together and celebrate important events and milestones.

## **Green Club**

Green Club ACT is an initiative by the students of Alphonsa College, Thiruvambady, to create awareness about environmental protection and to encourage students to participate in activities that help conserve and protect the environment. The club organized various events and programs throughout the year, including Cosmos2k23, a street play, Millet Fest (Annamanu Aushadham), Meri Matti Mera Desh, Challenge Walking, Slow Cycling Competition, Beat the Plastic Pollution, and a Drama Show. These events aim to educate students about the importance of environmental protection and to inspire them to take action. The club also works with the local community to raise awareness about environmental issues and to promote sustainable practices. Green Club ACT is an important initiative that is making a positive impact on the environment and the community.

## Water and Waste Management Club

The Water and Waste Management Club has been active in the community, partnering with Green Worms on a cloth collection drive and the District Eco-SDG Championship 2023 to

collect e-waste. These initiatives show the club's commitment to environmental sustainability.

#### Student Counselling Cell

The Student Counseling Cell in the academic year 2023-2024 had many goals, including changing the way students viewed counseling, making them aware of the need and importance of counseling, and introducing the availability of counseling for students. The programs conducted by the cell were able to change the misconceptions about counseling among students and provide counseling to those who needed it.

#### Value Education Cell

The Value Education Cell conducted several activities to inculcate ethics and morals among students. The cell organized an orientation talk for teachers on the need and importance of value education, and a class for 1st year students on values for a successful life. The value education classes were started on 27th September 2023.

#### Women Development Cell

The Women Development Cell at Alphonsa College Thiruvambady is committed to promoting the overall development of its students, particularly young women. The cell offers a variety of programs and activities that focus on women's empowerment, leadership development, and social justice. The WDC's Annual Report for the academic year 2023-2024 highlights mainly the initiatives and programs that the cell has undertaken to empower and support women in the college community. In addition to the initiatives highlighted in the report, the WDC also hosted a number of programs during the academic year 2023-2024. These programs were designed to provide female students with opportunities to learn, grow, and develop. Some of the programs are:

- Self-defense workshops
- Workshops on healthy living:
- A seminar on cervical cancer awareness and prevention
- A session on promoting mental wellbeing.
- A community outreach program to raise awareness about gender-based violence:

These programs were all well-received by students, and they helped to create a more inclusive and supportive environment on campus. The WDC is committed to provided female students with the resources and support they need to succeed in college and in life. The WDC's programs and initiatives are making a real difference in the lives of female students at Alphonsa College Thiruvambady.

#### A word of Thanks

I gratefully acknowledge the sincere and whole hearted support of the patron of the college Bishop Mar Remigiose Inchananiyil, the president of the trust Msgr. Abraham Vayail, the Director Rev. Fr. Joseph Plakat and the efforts of College Manager Rev. Fr. Scaria Mangarayil, Vice Principal Rev. Fr. Shenish Augustine, Bursar Rev. Fr. Shiju Mathew, IQAC coordinator Rev. Fr. Geo Mathew, Commerce HoD Ms. Sanamma P. V., English HoD Mr. Sebastian M. C. Psychology HoD Ms. Sneha Mathew, Journalism HOD Mr. Lithin Mathew, PTA Vice president Mr. Biju Kunnumpurath PTA secretary Ms. Deepa Dominic College Union chairman Mr. Arshin Siby Jose, Vice Chairperson Ms Linet Thankechan., other office bearers and each and every one of my teaching and non-teaching staff, colleagues and my students for the valuable help and moral support extended to me for the smooth running of the institution.