

Alphonsa College Thiruvambady

Pro-Differently Abled Forum

Report 2020-21

OFFICE BEARERS

- | | |
|---------------------|----------------------|
| • Ms. Deepa Dominic | Co-ordinator |
| • Ms. Avani M.K | Co-ordinator |
| • Meenu Lakshmi | Student Co-ordinator |

Pro-Differently abled Forum(PDF)				
ACTION PLAN FOR THE YEAR 2020 -2021				
Month	Date	Day	Programme	Remarks
	3	Monday	Official launching of project through whatsapp group	
August	6	Thursday	Orientation Programme “AUXILIA 2020”	Guest mus
			Alzheimer’s Day	
September	21	Monday		
October	8	Thursday	World Sight day	Awareness
December	3	Thursday	International day of differently abled	Awareness
December	30	Wednesday	Chat With Noor	Webinar

Under covid 19 special circumstances, all the activities of the PDF for the academic year 2020-21 were done through Whatsapp Group and Google Meet.

On third August created a whatsapp group namely ACT PDF for Pro-Differently abled Forum members. The group initially consists of members including Principal, Vice principal, and staff coordinators and students from three departments. With a thought-provoking message, College Principal Dr. KV Chacko officially launched the whatsapp group.

Orientation programme

On 6th August 2020 conducted an orientation programme named 'AUXILIA 2020' through google meet Mr. Prakash Mathew and Mr. Krishna Kumar were the eminent speakers of that session. College principal Dr.Chacko K V inaugurated the meeting and spoke. Vice-Principal Rev. Fr. Shenish

Augustine addressed the gathering. Mr. Prakash Mathew explained through his life experiences how it is possible to help and love differently abled people.

This session was very touching experience. About 78 students from pro differently abled forum attended the session.

Mr. Krishnakumar, who has been paralyzed for the past 35 years due to spinal muscular atrophy, also interacted with students. PDF Teacher Coordinators Ms. Deepa Dominic and Ms. Avani M K address at the gathering. The session ended with the Vote of Thanks delivered by Student Coordinator Remmya C Alex, 2nd year B.sc Psychology student of the College.

9:54 AM

< 19 September, 2020

9:54

Affiliated to the University of Calicut,
Thiruvambady P.O., Kozhikode [DIST.] - 673603

06-20
2.00 PM

AUXILIA 2020
"HELPING HAND"

**In-House training Programme
for the members of the
Pro Differently Abled Forum(PDF)**



Mr. Prakash Mathew
Social Worker, Story Teller



WE CAN CHANGE

Google Meet **Live.** Exclusively for the Alphonsians...

**"Believe you can and you're halfway there."
-Theodore Roosevelt**

AUXILIA 2020

In - house Training Programme for the Members of the Pro
Differently Abled Forum
@ Google meet.

Date: 6 August 2020, Thursday, Time: 02.00pm to 03.00pm

PROGRAMME

Welcome : Ms. Avani MK (Coordinator)

Inauguration : **Dr. Chacko KV** (Principal)

Felicitation : **Rev.Fr. Shenish**
Augustine (Vice-principal)

Keynote Address : **Mr. Prakash Mathew**
(Social Worker)

Vote of Thanks : Ms. Remya C Alex (Student
Representative)

In recognition and respect a for the eternal and utmost care of humanity, ACT PDF members lighted a lamp of hope as the part of spinal muscular atrophy campaign on 6th August 2020.



Spinal Muscular Atrophy

AUGUST IS SMA AWARENESS MONTH!

BE INSPIRED | SPREAD AWARENESS | MAKE A DIFFERENCE

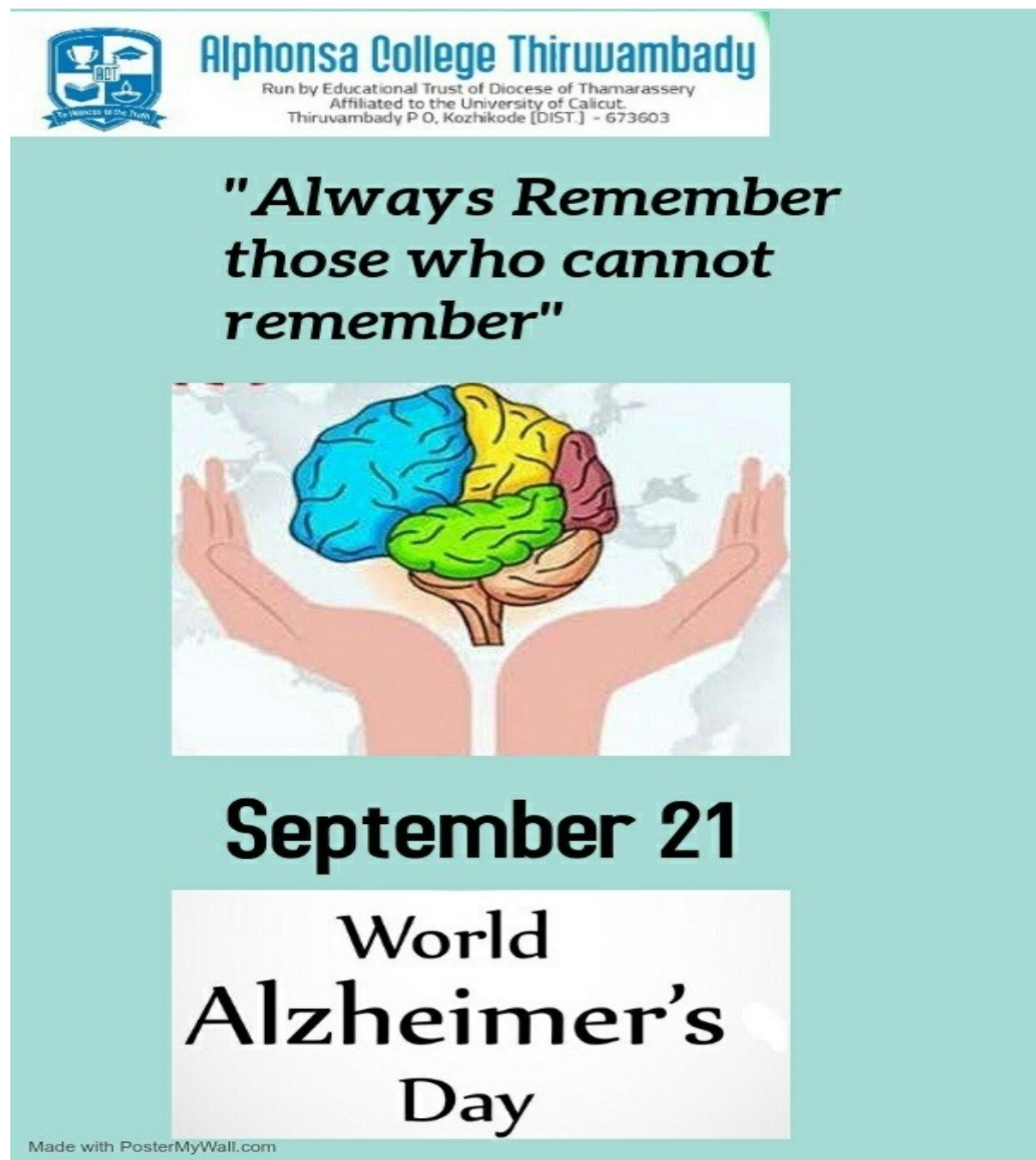


Alphonso College Thiruvambady

Run by Educational Trust of Diocese of Thamarassery
Affiliated to the University of Calicut.
Chavalappara - Kakkunde Rd, Thiruvambady, Kozhikode

Alzheimer's Day

On 21st September 2020 we celebrated world Alzheimer's day by making an awareness posters and videos about how to help those people with love.



CHAT WITH NOOR

The program 'Chat with Noor', a webinar on "Knowing Oneself" conducted by Pro Differently Abled Forum (PDF) and English Association (ENAACT) of Alphonsa College Thiruvambady on 30th December 2020 at 3pm through Google Meet was started with a silent prayer. The anchoring was done by Angel P. Elias, 3rd year B. A. English student. Mrs. Deepa Dominic, the Assistant Professor and faculty member of the Department of English delivered the welcome speech. A great introduction of Noor Jaleela was given by her as she had a great experience with her. The Principal Address was delivered by the Principal of the college, Dr. Chacko K.V who stands as the pillar with great knowledge and dedication for the college. Without any delay the session was started by Ms. Noor Jaleela, the renowned motivational speaker. She is a 19 year old girl born without forearms and legs but still achieving great success in life as a painter, singer, violinist and much more. Now Noor

understood how she is different from others. For everything she has achieved in her life, Noor has her parents to thank. In addition, she is an active social worker and donates to various organizations working with children with mental and physical disabilities. Noor said that she always had the persistence to learn new things and considered her disability as a blessing and try to be above it. Her ultimate aim is to become a civil service officer. She gave the students a message that one should be able to overcome their own disabilities and should achieve great success in life. She is termed as a disabled person because it was seen that she was born without forearms and legs. But actually all are born with disabilities which is sometimes unknown or not shown to others. By the request of the students she sang 2 songs. Her voice was so sweet. By that the session ended with the Vote of Thanks delivered by Sana Faisal, 1st year B.sc Psychology student of the College.



Alphonsa College Thiruvambady
Run by Educational Trust of Diocese of Thamarassery
Affiliated to The University of Calicut

Pro Differently Abled Forum (PDF) & English Association (ENAACT) proudly present

Chat with Noor

a webinar on Knowing Oneself
30 Dec. 2020

Time: 3.00 p.m.  Google Meet *Only for Alphonsians*

www.alphonsacollegehiruvambady.com

**Pro Differently Abled Forum (PDF) & English Association (ENAACT)
proudly present**

Chat with Noor

a webinar on Knowing Oneself

Date: 30 December 2020, Wednesday, Time: 03.00pm to 04.00pm

Google Meet Live

Prayer

Welcome

: Ms. Deepa Dominic (Coordinator)

Manager's Address

: Rev.Fr. Scaria Mangarayil (Manager, ACT)

Principal's Address

: Dr. Chacko KV

Felicitation
(Vice-principal)

: Rev.Fr. Shenish Augustine

Chat with Noor Jaleela

Vote of Thanks
(Student Coordinator)

: Ms. Meenu Lakshmi A J

In the special cases of covid 19, the programmes could only be done online, but all the programmes were successful.

