



Alphonsa College Thiruvambady

Run by Educational Trust of Diocese of Thamarassery
Affiliated to the University of Calicut.
Thiruvambady P O, Kozhikode [DIST.] - 673603

B.SC PSYCHOLOGY

SEMESTER I

BASIC THEMES IN PSYCHOLOGY- I (PSY1B01)

Objectives:

- To generate interest in Psychology
- To make familiar the basic concept of the field of Psychology with an emphasis on applications of Psychology in everyday life.
- To understand the basics of various theories in Psychology
- To provide basic knowledge about systems and processes like attention, learning and Consciousness.

HUMAN PHYSIOLOGY- PSG1C01 (Complementary)

Objectives:

- To familiarize the student of psychology with the most essential and fundamental aspects of cell biology
- To familiarize basics of genetics that are essential for understanding the anatomy and physiology of the nervous system
- in general and of the CNS that they are to master in the following semesters.

DESCRIPTIVE STATISTICS - STA1C02 (Complementary)

Objectives:

- To generate interest in Statistics.
- To equip the students with concepts of basic statistics.
- To provide basic knowledge about Statistical methods.

SEMESTER II

BASIC THEMES IN PSYCHOLOGY- II (PSY2B01)

Objectives:

- To generate interest in Psychology
- To make familiar the basic concept of the field of Psychology with an emphasis on the
- applications of Psychology in everyday life
- To understand the basics of various theories in Psychology
- To provide basic knowledge about systems and processes like cognition, memory, motivation and emotion.

HUMAN PHYSIOLOGY – PSG2C01 (Complementary)

Objectives:

- This course imparts extensive information to the psychology student on the nervous system with special emphasis on the CNS. It also introduces the student to states of brain activities and techniques in neurophysiology.

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REGRESSION ANALYSIS AND PROBABILITY THEORY- STA2C02 (complementary)

Objectives:

- To make the students aware of various Statistical tools.
- To create awareness about probability.

SEMESTER III

PSYCHOLOGICAL MEASUREMENT AND TESTING (PSY3B01)

Objectives:

- To offer foundation on psychological measurement and testing
- To provide the basis of test construction and to build up skills on developing psychometric test
- To familiarize the uses of psychological tests
- To make aware of ethical principals in testing

HUMAN PHYSIOLOGY – PSG3C01 (Complementary)

Objectives: This course familiarizes the student of the psychology with the sensory system ,pathways and perception of various senses. It also introduces the student to the endocrine system.

PROBABILITY DISTRIBUTIONS AND PARAMETRIC TESTS(STA3C02) (complementary)

Objectives:

- To get a general understanding on various probability distributions.
- To familiarize the uses of statistical test

EXPERIMENTAL PSYCHOLOGY PRACTICAL I

Objectives

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

SEMESTER IV

INDIVIDUAL DIFFERENCES (PSY4B01)

Objectives:

- To provide theoretical knowledge about systems and processes like intelligence and personality
- To understand the history of intelligence and Personality Testing
- To familiarize the student with various types of tests in Psychology

HUMAN PHYSIOLOGY – PSG4C01 (Complementary)

Objectives:

To familiarize the students with the most essential and fundamental aspects of physiological processes underlying psychological events like hunger ,thirst, sexual behaviour and emotion .

To dwells on brain damage and Neuroplasticity.

**STATISTICAL TECHNIQUES FOR PSYCHOLOGY – STA4C02
(Complementary)****Objectives:**

- To make the students aware of various Statistical test in different areas of psychology.
- To give knowledge about applications of statistics in different areas of psychological studies .

EXPERIMENTAL PSYCHOLOGY PRACTICAL I (PSY4B02)**Objectives:**

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students with various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

SEMESTER V**ABNORMAL PSYCHOLOGY-I (PSY5B01)****Objectives:**

- To enable students to understand the concepts of abnormal behavior
- To develop awareness about different types of anxiety and stress disorders
- To encourage the students to know different therapeutic techniques in management of anxiety and stress disorders.

SOCIAL PSYCHOLOGY (PSY5B02)**Objectives:**

- Understand and explain behavior in social settings

- Explain the psychological aspects of various social phenomena
- To create awareness about the management of human behavior in group settings

DEVELOPMENTAL PSYCHOLOGY –I (PSY5B03)

Objectives:

- To study human development in Psychological Perspectives
- To create awareness about major Psychological changes along with physical and cognitive development

PSYCHOLOGICAL COUNSELLING (PSY5B04)

Objectives:

- To acquire theoretical knowledge in the areas of psychological counseling
- To understand the applications of counseling in various settings
- To practice counseling techniques through role plays

HEALTH PSYCHOLOGY (PSY5B05)

Objectives:

- To understand the Psychological, behavioral and cultural factors contributing to physical and mental health
- To study the management of different illnesses

OPEN COURSE CHOICE II

LIFE SKILL APPLICATIONS (PSY5D02)

Objectives:

- To promote life skill education
- To develop abilities for adaptive and positive behavior
- To enhance self-confidence and self-esteem

EXPERIMENTAL PSYCHOLOGY PRACTICAL II

Objectives:

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

EXPERIMENTAL PSYCHOLOGY PRACTICAL III

Objectives:

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

SEMESTER VI

ABNORMAL PSYCHOLOGY-II (PSY6B01)

Objectives:

- To develop awareness about major psychological disorders
- To acquaint the students with causes of major psychological disorders

APPLIED SOCIAL PSYCHOLOGY (PSY6B02)

Objectives:

- To familiarize the theoretical concept and research methods in applied Psychology.
- To give knowledge about application of Social Psychology in different areas like clinical, educational, health and media.
- To understand the major social issues in India.

DEVELOPMENTAL PSYCHOLOGY –II (PSY6B03)

Objectives:

- To study emotional and social development of life span periods.
- To study the vocational development and adjustments in adulthood.
- To understand the period of late adulthood.

LIFE SKILL EDUCATION: APPLICATIONS AND TRAINING (PSY6B04)

Objectives:

- To promote life skill education
- To develop abilities for adaptive and positive behavior
- To enhance self-confidence and self-esteem

ELECTIVES (PSY6B05)

ORGANIZATIONAL BEHAVIOUR (PSY6B05-01)

Objectives:

- To familiarize the concept of human behaviour in Organizations
- To give knowledge about work-motivation, group, leadership and organizational culture

PSYCHOLOGY OF CRIMINAL BEHAVIOR (PSY6B05-02)**Objectives:**

- Mold youngsters with conceptual knowledge in Criminology.
- To enable the students to build up on their analytical skills in Criminology.

POSITIVE PSYCHOLOGY (PSY6B05-03)**Objectives:**

- To familiarize the important concepts in positive psychology
- To understand the importance of wellbeing which allows people to understand what makes life worth living
- To give knowledge about the importance of factors contributing happiness

EDUCATIONAL PSYCHOLOGY (PSY6B05-04)**Objectives:**

- To promote an understanding of the application of Psychological principles in the process of education.
- To familiarise the students with the characteristics of normal and exceptional children.
- To provide the ways and methods of teaching and classroom management.
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COGNITIVE PSYCHOLOGY (PSY6B05-05)**Objectives :**

- To familiarize the field of Cognitive Psychology
- To enable students to gain an understanding about the development of the field of Cognitive Psychology
- Create awareness about the current shading of the field.

EXPERIMENTAL PSYCHOLOGY PRACTICAL II (PSY6B06)**Objectives :**

- To nurture the ability in students to understand himself/herself and other persons.

- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

EXPERIMENTAL PSYCHOLOGY PRACTICAL III(PSY6B07)

Objectives :

- To nurture the ability in students to understand himself/herself and other persons.
- To develop the skills of testing and scientific reporting in psychology.
- To familiarize the students to various psychological tests and assessment tools.
- To generate an interest in working of the community with a psychological outlook

PROJECT (PSY6B08)

Objectives :

- To provide experience in conceptualizing and conducting empirical research in psychology
- To establish the skills necessary to produce a report according to current academic standards within psychology