

Course Code	PSY5D01	
Title of the Course	LIFE SKILL APPLICATIONS (Open Course Choice II)	
Semester	V	
No. of Credits	3	
No. of Contact Hours	48 Hrs.	
Hours/week	1	
<u>Course Summary</u>		
Modules	Title	No. of Hours
Module 1	Introduction	08 Hrs
Module 2	Self awareness, Empathy and Problem solving	12 Hrs
Module 3	Survival Skills, Effective communication and Negotiating skills	14 Hrs
Module 4	Life skill in different area	14 Hrs
Total		48 Hrs