Programme Reports to IQAC Alphonsa College Thiruvambady

Preliminary Details				
Hosting Agency	:	Depart	ment of Psychology	
(Office/Dept/Club/Forum)				
Name of the Programme	:	Yoga fe	or well being	
Reach of (Regional/Nat/International)	:	Region	al	
Date/(s) of Actual Event	:	21-06-2	2021	
Details of Sponsorship (if any)	:	Nill		
References (Page No. of Minutes,				
Planner)	:			
Pre-Event (Details of Planning, Approval a	and Noti	ce)		
Planning Details (as per the minutes)	:	19-06-2	2021	
Approval Details (as per the minutes)	:	20-06-2	2021	
Details of Invitation (Notice/Brochure.) :	Broch	ıre	
Reminders (Sp. Meetings/Short				
Notices)	:			
Actual Event				
R. Person/Chief Guest (with Credentia	ls) :			
Names of other Dignitaries	:			
Felicitated by	:			
Welcome Speech by	:			
Short narration about the Event: Depa	rtment c	of Psych	ology had Observed yoga day. The session on	yoga
was conducted online over googlemeet				
Post-Event (Evaluation, Closing the account	nt, Public	c audit)		
Evaluation Meeting Date	:			
Short evaluation about the Event:				
Publicity Details (Website/Newspaper.) :			
Financial Details (against the budget)	:			
Attachments Required (Please tic the entri	es once	the atta	chments are made)	
Notices/Brochures		Yes	Photos of the Programme	
Reminders			Audio/Video Recordings	
Programme List			Copy of Certificates	
Attendance Sheet (duly signed)			Paper Cuttings (Publicity)	
Name & Sign of the Coordinator :			Ms. Sneha Mathew	
Name & Sign of the Student Rep.	:			
Date of Submission to IQAC	:		23-06-2021	